

C.I.R.C.O.

Circus 4 Inclusion and Resilience
of Communities and Organizations



Erasmus+

C.I.R.C.O. Programme

Valladolid (Spain), 18-22 May 2022

THE PROJECT

MAIN AIM

To reflect on how to support inclusion of young people with fewer opportunities through circus techniques, while sharing good practices and tools from experienced organisations active in the field

OBJECTIVES

- - to support youth workers, providing interesting new tools for social inclusion, particularly focusing on circus techniques, in order to apply their skills in supporting self and social development, particularly dealing with young people with fewer opportunities
- - to raise awareness on the issues that young people with fewer opportunities are facing every day in different countries and how circus can empower youth, through the actions of expert leaders in each involved community
- - To highlight the importance of youth work as enrichment in the education of young people, particularly the disadvantaged ones, which enforce actual and future social cohesion at local and European level and to reflect on the role of the other stakeholders involved in this processes
- - To set a space for cooperation and developing, meant to explore effective strategies and policies for social inclusion, thanks to the networking with stakeholders at local level, for a holistic application of circus, both performative and educational.
- - to promote Erasmus+ and European Solidarity Corps in the circus field, building new partnerships and working on future projects, in order to contribute to create a more equal and inclusive society, as well as reaching communities and target group which are still not participating in those EU opportunities (as well as the upcoming ones).

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PROGRAMME

WEDNESDAY 18

- 10:00 - 14:00h.: ARRIVALS: Members of the host organisation will pick up the participants at the agreed meeting points
- 17:00 - 18:30h.: WELCOME / NAME GAMES / ICE BREAKER: All gathered. The members of the host organisation will give the welcome and the main logistical and security instructions. Afterwards there will be activities to break the ice and for the participants to begin to get to know each other.

THURSDAY 19

- 10:00 - 11:00h.: Introduction to the objectives and content of the project: Presentation of the objectives of the project, the schedule of activities, and the final project (short) Explanation of the most relevant logistical issues and resolution of possible doubts.
- 11:00 - 11:30h.: Fears and expectations and group creation: Fears and expectations they have before facing the project. At the end of the mobility, we will return to them to check whether or not their fears have been overcome and their expectations have been met.
- 12:00 - 13:00h.: FEDEC presentation: About the federation role at European and international level. Lorenzo Albiero, FEDEC EU project manager.
- 13:00 - 14:00h.: Processes of creation and social inclusion: In this activity the general lines of the project are presented, Identified by the participants.
- 16:00 - 17:00h.: The social circus in your community. CARAMPA. The organisation will present its circus methodology and circus methods for inclusion that can be applied at the local level will be practiced
- 17:30 - 18:30h.: Reflection group: The first step is a group reflection on the day, beginning with one word each. A space will then be provided to share things that have been observed and learned. The last part is in a group, to see how what was learned can be applied in each community and in the day-to-day of youth workers. Later, a representative of each group will meet with the trainers to comment on the reflections obtained.
- 19:00 - 20:00h.: 'Gallery of associations': Participants will bring materials (pictures, leaflets, ...) from their organisations and post them on the walls so that others can see them at any time during the course.

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FRIDAY 20

- 10:00 - 11:00h.: Identification of the exclusion: In groups, the participants meet and discuss which are the groups in a situation of social exclusion that they know or that they can identify. Then, they present them to the rest.
- 11:30 - 13:30h.: Social circus in our community and ADHD manual presentation by TFCC: Presentation and practical activities that we do with the group of young people with ADHD syndrome. Presentation of Circus day and social circus activities in our community.
- 16:00 - 17:00h.: The social circus in your community INAC. The organisation will present its circus methodology and circus methods for inclusion that can be applied at the local level will be practiced.
- 17:30 - 18:30h.: Reflection group.
- 21:30 - 22:30h.: Intercultural night: Activity in which the participants from each country share their customs, traditions, music, culinary products, folklore, etc. and that promotes dialogue and intercultural exchange. Participants should preparing it before the mobility.

SATURDAY 21

- 10:00 - 11:00h.: ERASMUS and the future. Presented by Daniel Conde Caballero: He works as a European cooperation and project technician within the framework of Erasmus +. He has worked within the UVa Cooperation Office and is a member of the Observatory for International Cooperation for the Development of the UVa.
- 11:15 - 12:15h.: Methodologies and good practises exchange. Participants will share their experiences in the field of Social Circus.
- 12:15 - 13:30h.: Booklet and final project: We will work on the lines of a common project applying everything we have learned.
- 16:00 -17:00h.: Reflection group.
- 17:30 - 19:00Final Evaluation: Reflection on the skills and abilities acquired.(1) Evaluation of the program and its organisation through a questionnaire. (2) Evaluation of the level of satisfaction with the logistical aspects and the level of skills acquired (3) Compilation of fears and expectations: Have they been exceeded and/or fulfilled? (4) Discussion on the ways of disseminating the results of the project and the workshops.
- 19:00 - 20:00h.: Explanation of the Youthpass certificate . 8 keys workshop, preparation of the Youthpass and Youthpass ceremony.
- Farewell party: Theme party for the last night of the project.

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SUNDAY 22

- Departures